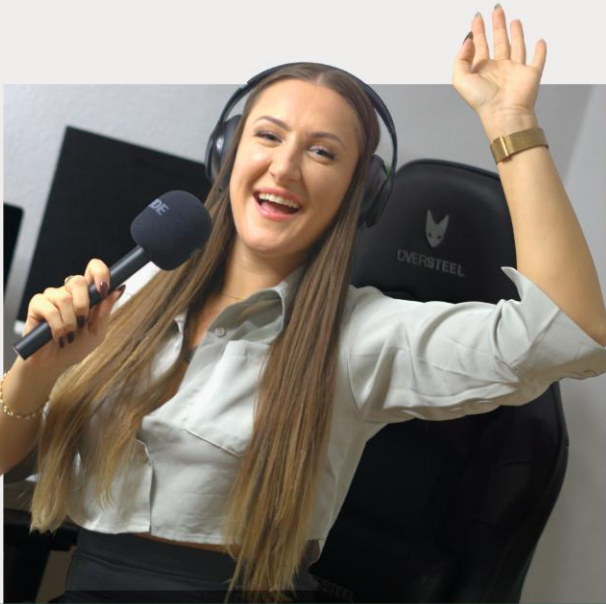


Elsi Kisyova ✨

In 2019, I quit my job with no backup plan, poured my savings into a business, and spent an entire winter living on less than \$200 a month.

Since then, I've built 4 successful businesses, burned out, lost everything I thought was working, started over more than once, and learned that growth means very little if it costs you your health, freedom, or sanity.

- ✓ Built a multi-6 figure business from scratch
- ✓ Ended up leaving it behind & taking 7 months off
- ✓ Supported 400+ founders across the UK, US & EU



GROWTH & SYSTEMS STRATEGIST

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- Selling premium offers without acting pushy
- Why genuine connections convert best
- Building trust-based client relationships

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- What to automate first (and what not to)
- How to save 15h+ a week without a team
- Systems that keep working when you're offline

Losing Everything & Starting Over

- Walking away from a multi-6 figure business
- Losing an 8k Instagram account overnight
- Rebuilding from scratch and coming back stronger

How Expensive Burnout Actually Is

- The mistakes that led me into burnout
- Boundaries that protect your time & energy
- Simple setups that prevent constant overwhelm

Success Beyond Hustle

- Why working more isn't the answer
- Building a business around your values & goals
- Creating freedom on your own terms

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If any of these topics resonate with your audience, I'd love to chat.

Open to podcasts, collaborations, and speaking opportunities.